



## Module 2: The Nuts and Bolts of Patient Centred Care

### Lesson Plan 2: K.I.D.S. – A Way to Demonstrate Respect

#### Learning Outcome

Students will be able to recite the meaning of the acronym K.I.D.S. and explain how taking these simple steps when entering a patient's room demonstrates respect.

#### Activities

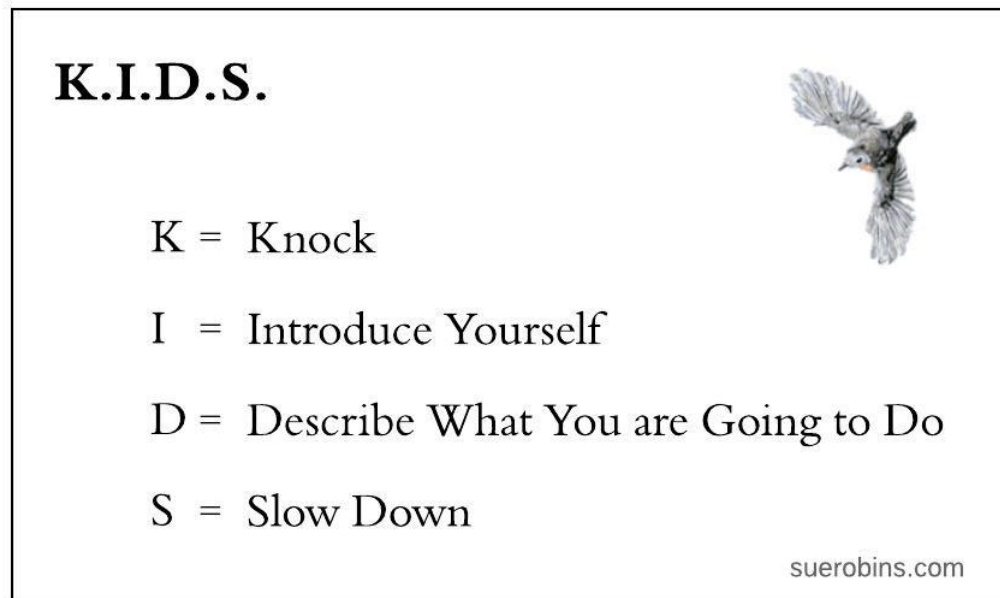
1. Read the essay [Explaining K.I.D.S.: Four easy steps to demonstrate respect](#) by Sue Robins.
2. Watch the video starring Aaron Waddingham explaining the acronym K.I.D.S.:



3. Check out the Supplemental Reading (see below).
4. Discuss as a group, or write your thoughts down, about how each of the steps in the K.I.D.S. acronym demonstrates respect to patients.  
What are some of the barriers to use K.I.D.S.? Consider the benefits to you to use K.I.D.S. in your own practice.

## Take-Away Action

Commit to using K.I.D.S in all clinical settings - with kids AND adults!



## Supplemental Reading

1. Dr. Kate Granger's #hellomynameis campaign [website](#).
2. This is an Alberta Health Services [webpage](#) that explains another acronym called N.O.D. This stands for Name, Occupation, Duty.

It doesn't matter which acronym you choose to use – the concepts are the same!